

GOURMET SALADS

Continued

- Classic Chef's Salad** Roasted Turkey, Ham, American Cheese, Swiss Cheese, Sliced Egg & Garnish over Garden Greens \$8.99
- Tuna or Chicken Salad** Plum Tomatoes, Carrots, Peppers, Red Onions over Field Greens \$8.99
- Fruit Salad** Melon, Berries, Oranges, Kiwi, Pineapple \$5.99 per lb.

FIRE KISSED 1/2 POUND BURGERS

Deluxe Burgers Served with Steak Fries or Onion Rings, Lettuce, Tomatoes, Pickles - Add \$2.49

- 100% Beef Burger** \$4.99
- Cheeseburger** (5 Choices of Cheese) \$5.99
- Turkey Burger** (Low Fat) \$6.99
- Western Burger** Bacon, Cheddar Cheese and BBQ Sauce \$6.99
- Santa Fe Burger** Roasted Mushrooms, Salted Onions, Jack Cheese \$6.99
- British Burger** Bacon, Swiss Cheese, Caramelized Onions \$6.99
- Philly Burger** Peppers, Onions, Mushrooms, Mozzarella Cheese \$6.99
- Soprano Burger** Fresh Mozzarella & Roasted Peppers \$6.99

SIGNATURE HOT & COLD SANDWICHES

- Grilled Cheese** \$2.99
- With Tomato** \$3.49
- With Bacon, Ham or Sausage** \$3.99
- Hot Turkey Supreme** Oven Roasted Turkey, Bacon, Fried Onions, Melted Mozzarella & Brown Gravy on a Garlic Hero \$7.99
- The Meltdown** Hot Roast Beef, Caramelized Onions, Melted Mozzarella & Russian Dressing on a Toasted Hero \$7.99
- The Europa** Black Forest Ham, Swiss Cheese, Leaf Lettuce, Roma Tomatoes & Honey Mustard on a Whole Wheat Hero \$7.99
- The North Side** Smoked Turkey, Swiss Cheese, Leaf Lettuce, Tomatoes & Honey Mustard on Seven Grain Bread \$7.99
- Volcano** Fried Chicken Cutlets, Crispy Bacon, Onion Rings, Melted Cheddar Cheese & Homemade BBQ Sauce on a Toasted Garlic Hero \$8.99
- Godfather** Genoa Salami, Pepperoni, Capy Ham, Mortadella, Provolone Cheese, Roasted Peppers, Italian Dressing, Lettuce on an Italian Hero \$8.99
- The Italiano** Grilled Chicken, Fresh Mozzarella, Roasted Peppers, Romaine Lettuce & Pesto Sauce on an Italian Hero \$8.99



SIGNATURE HOT & COLD SANDWICHES

All Sandwiches - \$8.99

- The Soprano** Fried Chicken Cutlet, Fresh Mozzarella, Roasted Peppers & Homemade Balsamic Vinaigrette on an Italian Hero
- Pavarotti** Fried Eggplant, Prosciutto, Fresh Mozzarella, Sun Dried Tomatoes, Fresh Basil & Homemade Balsamic Vinaigrette on an Italian Hero
- The Super Cubano** Grilled Roast Pork, Ham, Swiss Cheese, Pickles & Mustard on a Grilled Hero
- Fiddler's Green Hero** Grilled Steak with Fried Onions, American Cheese, Lettuce, Tomatoes & Mayonnaise on a Toasted Hero
- Honey Hog Hero** Grilled Honey Turkey, Roast Pork, Swiss Cheese, Bacon & Brown Gravy on a Toasted Garlic Hero
- The Beast** Fried Chicken Cutlet, Crispy Bacon, Fried Onions, Melted Swiss Cheese & Brown Gravy on a Toasted Garlic Hero
- The Reuben** Hot Pastrami or Corned Beef, Sour Kraut, Melted Swiss Cheese on Rye Bread with Mustard or Russian Dressing
- Gobbler** Oven Roasted Turkey, Crispy Bacon, Lettuce, Tomatoes on Rye Bread with Russian Dressing
- Flushing** Roast Beef, Cheddar Cheese, Lettuce, Tomatoes, Red Onions on a Whole Wheat Hero
- Philly Cheese Steak** Real Steak with Sautéed Onions, Peppers, Melted American Cheese on a Garlic Hero
- The New Yorker** Grilled Pastrami, Corned Beef, Coleslaw, Melted Swiss Cheese & Russian Dressing on a Toasted Hero
- The Chipotle** Chipotle Chicken Breast, 3 Cold Pepper, Jack Cheese, Lettuce, Tomato, Avocado Chipotle & Mayonnaise on a Hero

SIDE ORDERS

- Buffalo Wings** \$6.99
- Chicken Fingers** \$6.99
- Steak Fries** \$2.99
- Onion Rings** \$2.99

HOT & COLD BEVERAGES

- | | | | |
|--------|------------|---------------|----------|
| Coffee | Lipton Tea | Hot Chocolate | Snapple |
| Sodas | Water | Herbal Tea | Gatorade |



FOODPLUS
SUPERMARKET

— DELI MENU —

718-961-8304

FREE DELIVERY

(MINIMUM \$15)

Tax Not Included

  @foodplussupermarket

www.foodplussupermarket.com

HEARTY BREAKFAST

All Our Eggs & Omelette Platters are Served with Home Fries & Toast

Omelettes Made with your Choice of 3 Eggs or Egg Whites

Add Additional Egg or Cheese 50¢

Cheese Omelette American, Cheddar or Provolone	\$5.49
Bacon, Ham or Sausage Omelette	\$6.99
Mushroom, Swiss & Onion Omelette	\$6.99
Western Omelette Ham, Peppers & Onions	\$6.99
Greek Omelette Feta Cheese, Tomatoes & Onions	\$6.99
Turbo Omelette Baby Spinach, Fresh Mozzarella & Grilled Chicken	\$7.99
Simply Veggie Spinach, Peppers, Mushrooms, Tomatoes & Broccoli	\$6.99
Super Combo Mushrooms, Bacon, Tomatoes, Peppers, Onions & Mozzarella	\$7.99
Chef's Omelette Avocado, Spinach & Swiss	\$6.99

FROM THE GRIDDLE

2 Eggs Your Way	\$3.99
With Bacon, Ham or Sausage	\$4.99
With Turkey Bacon or Turkey Ham	\$5.99
With Virginia Ham or Corned Beef	\$5.99

BREAKFAST SANDWICHES FROM THE GRILL

Sandwiches Served on Bagel, Sliced Bread or Roll

Hero Roll 99¢ • Add Additional Egg or Cheese 50¢

One Egg	\$1.99
Cheese Omelette	\$3.49
Western Omelette	\$4.99
Greek Omelette	\$4.99
Veggie Omelette Spinach, Mushrooms, Tomatoes & Broccoli	\$4.99
Two Eggs	\$2.99
With Bacon, Ham or Sausage	\$3.99
Hungry Man Eggs with Bacon, Ham, Cheese & Home Fries on a Grilled Hero	\$6.49
The A.M. Hero 3 Egg Whites, Grilled Chicken, Baby Spinach, Fresh Mozzarella on a Whole Wheat Hero	\$6.99
The Meat Lover 3 Eggs, Bacon, Ham & Sausage on a Hero	\$6.99

BREAKFAST WRAPS

Turbo Eggs, Grilled Chicken, Fresh Spinach, Fresh Mozzarella	\$6.99
Burrito Eggs, Sausage, Refried Beans, Peppers, Onions, Cheddar Cheese & Salsa	\$5.99

SWEET BREAKFAST

Served with Maple Syrup & Butter

Buttermilk Pancakes or French Toast	\$4.99
With Bacon, Ham or Sausage	\$6.49
With Turkey Bacon or Turkey Pastrami	\$6.49
With 2 Eggs Your Way	\$6.49
Fresh Fruit Pancakes Strawberry, Blueberry or Banana	\$6.49

FROM THE BAKERY

Toasted Jumbo Bagel or Bialy	\$1.00
With Butter	\$1.49
With Cream Cheese	\$2.49
Toasted Bagel All The Way Smoked Salmon, Cream Cheese, Tomatoes & Onions	\$9.99

WRAPS OR CREATE YOUR OWN

All Wraps - \$7.99

California Wrap Grilled Chicken, Roasted Peppers, Avocado, Lettuce, Tomatoes with Ranch Dressing
Sweet Wrap Honey Maple Turkey, Muenster Cheese, Roasted Peppers, Lettuce with Honey Mustard
Mexican Wrap Spicy Grilled Chicken, Shredded Cheddar, Grilled Vegetables, Avocado with Salsa
Vegetarian Wrap Grilled Seasonal Vegetables, Avocado, Sun Dried Tomatoes with Balsamic Vinaigrette
Chicken Salad BLT Wrap Fresh Chunky Chicken Salad, Crispy Bacon, Lettuce & Tomatoes
Cajun Turkey Wrap Cajun Turkey, Muenster Cheese, Grilled Peppers, Avocado, Lettuce with Bleu Cheese Dressing
Roast Beef Wrap Thinly Sliced Top Round, Shredded Cheddar, Mixed Baby Greens, Tomatoes with Low Fat Russian Dressing
Portobello Wrap Sliced & Roasted Portobello Mushrooms, Fresh Mozzarella, Roasted Peppers, Baby Spinach with Balsamic Vinaigrette
Dieter's Delight Wrap Pepper Mill Turkey, Alpine Swiss, Lettuce, Tomatoes with Mustard
Grilled Chicken Caesar Wrap Grilled Chicken, Pecorino Romano Cheese, Romaine Lettuce, Homemade Croutons with Creamy Caesar Dressing

OVEN PRESSED PANINIS

On a European Flat Bread • All Paninis - \$8.99

Cuban Panini Roast Pork, Ham, Swiss Cheese, Pickles with Mustard
Turkey Panini Fresh Turkey, Jalapeño Cheese, Red Peppers, Spinach, with Ranch Dressing
Tex Mex Panini Spicy Grilled Chicken, Pepper Jack Cheese, Red Onions, Cilantro with Chipotle Sauce
Montecristo Panini Layers of Ham, Smoked Turkey, Swiss & Cheddar Cheese, Lettuce, Tomatoes with Honey Mustard
Chicken Parmigiana Panini Breaded Chicken Cutlets, Parmigiana Cheese, with Marinara Sauce
Eggplant Parmigiana Panini Oven Roasted Eggplant, Fresh Mozzarella, Parmigiana Cheese with Marinara Sauce
Meatless Panini Fresh Mozzarella, Plum Tomatoes, Fresh Spinach, Basil with Sun Dried Tomato Spread
Tuna Panini Fresh Tuna Salad, Cheddar Cheese, Lettuce & Plum Tomatoes
Vegetarian Panini Grilled Vegetables, Fresh Mozzarella with Balsamic Vinaigrette
Chicken Fajita Panini Grilled Chicken, Cheddar Cheese, Roasted Peppers, Caramelized Onions, Cilantro with Homemade Salsa
Romano Panini Prosciutto, Ham, Fresh Mozzarella, Roasted Peppers, Mixed Greens with Sun Dried Tomato Spread

GOURMET SALADS

Your Choice of Dressing: Honey Mustard, Oil & Vinegar, Caesar,

Ranch, Bleu Cheese, Balsamic Vinaigrette or Russian

Add Cheese, Tomatoes or Jalapeño 50¢

Caesar Salad Romaine Hearts, Baked Croutons, Cucumber, Cherry Tomatoes & Shaved Romano Cheese	\$6.99
with Grilled Chicken	\$8.99
Garden Salad Plum Tomatoes, Carrots, Cucumbers, Peppers, Red Onions over Mixed Greens	\$5.99
Grilled Chicken Deluxe Salad Grilled Herb Chicken, Fresh Mozzarella, Shredded Carrots, Cherry Tomatoes, Cucumbers, Avocado, Roasted Peppers over Mixed Baby Greens	\$9.99
Greek Salad Imported Feta Cheese, Calamata Olives, Cucumbers, Sliced Red Onion, Pepperoncini, Tomatoes over Garden Greens	\$7.99

BIRRIA

3 Birria Tacos 6-inch Corn Tortilla, Chopped Birria, Muenster Cheese, Onions & Cilantro	\$11.99
Birria Consome Birria Broth, w. Chopped Birria, Onions, Cilantro, Limes & Soft Corn Tortillas on Side	8 oz. \$3.99 16 oz. \$8.99

TACOS (3)

Soft Corn Tortillas • Soft Flour Tortillas
Cilantro & Onions • + Guacamole - add \$1.65
Grilled Chicken or Carnitas \$9.99 • Grilled Steak or Chorizo \$10.99

BURRITO or BURRITO BOWL

Flour or Whole Wheat Tortilla, Mexican Rice, Beans, Lettuce, Pico de Gallo, Sour Cream, Cheese
Grilled Chicken or Carnitas \$10.99 • Grilled Steak or Chorizo \$11.99

QUESADILLAS

Flour or Whole Wheat Tortilla, Served with Pico de Gallo, Sour Cream & Avocado Tomatillo Green Sauce
Grilled Chicken or Carnitas \$8.99 • Birria \$9.99 • Grilled Steak or Chorizo \$9.99
• Grilled Vegetables \$7.99

A Southwestern Blend of Cheddar, Jack Cheese, Caramelized Onions & Roasted Peppers Cheese	\$6.99
Sliced Steak & Roasted Mushrooms	\$8.99
Grilled Cajun Chicken & Crispy Bacon	\$8.99

NACHOS

Corn Tortilla Chips, Beans, Melted Cheese, Sour Cream, Jalapenos & Avocado Tomatillo Green Sauce
Grilled Chicken or Carnitas \$9.99 • Grilled Steak or Chorizo \$10.99 • Grilled Vegetables \$8.99

TOSTADAS (2)

Beans, Lettuce, Tomato, Sour Cream & Cheese
Grilled Chicken or Carnitas \$8.99 • Grilled Steak or Chorizo \$9.99 • Grilled Vegetables \$7.99